

Opportunity to Share Strategies and Successes

Strategies for fostering positive social relations in children with 22q

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Agenda

- 22q and social skills in children
- Divide into groups and share your 'strategies and successes'
- Gather together and share with the group at large



Emotional regulation

Listening

Sharing

Following group rules

Participation

Conflict resolution

Getting along well with others.
Creating and maintaining relationships.

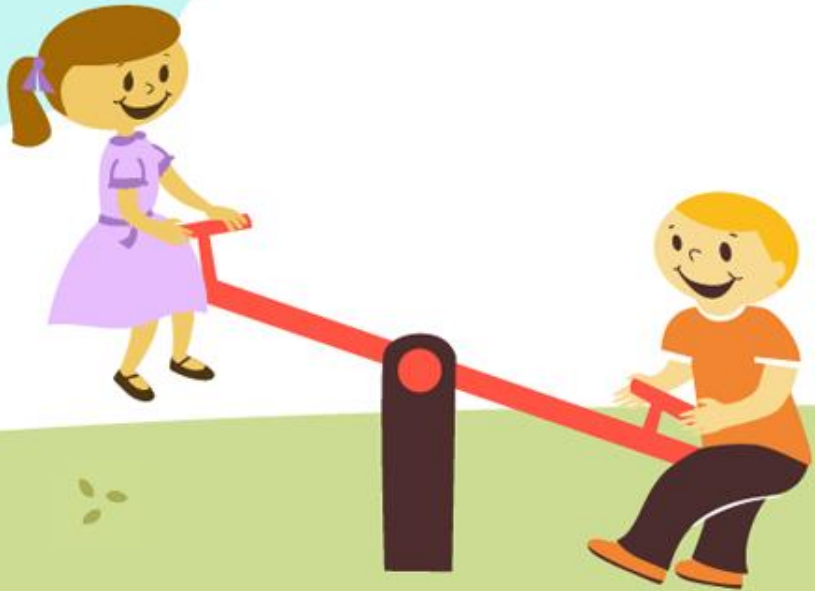
Offering help

Not using put-downs.

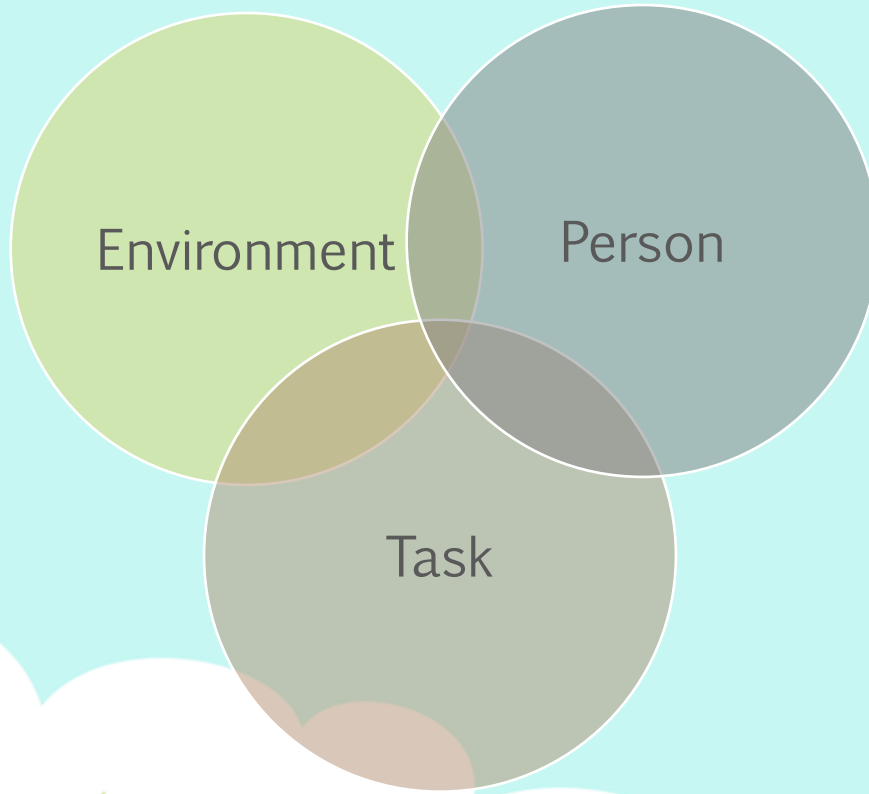
Initiating conversations



How can you help
someone build a skill?



Person, Environment and the Task



Tasks – Find tasks where child will experience success.

- What are you asking them to do? How hard is it to do?

Person

- What are the skills and challenges that this person has?
- What specific skills are you trying to improve?
- What is your child noticing/seeing in social situations, what are they thinking, what are they doing?

Environment

- Supportive environments - constructive and positive feedback provided. Emotional support.
- Structured vs unstructured – school yard at recess Vs girl guides night.
- Where are their opportunities for skill development? Home, school, community



Group Topics and Breakout

