

5th Annual 22q11 DS Family Conference

A Focus on Education November 3, 2018, SickKids

- 8:00 – 8:30** **Registration, Child Care Drop-off** (Coffee and Muffins available)
8:30 – 8:45 **Welcoming Remarks:**
 → Parents of Elementary Children (Room 1527)
 → Parents of Teens/Young Adults (Hollywood Theatre)

Time	Parents of Elementary School Children (up to gr 8) Room 1527	Parents of Teens and Young Adults (gr 9 to post secondary) Hollywood Theatre	Teens 12-16 years Room 7105	Youth 17-22+ years Room 7246	
8:45-10:15	Educating your Child with 22q – Recommendations for Parents & School Elisabeth Saunders	Keynote: Strategies & Approaches for High School and beyond. + Interactive Q&A Donna Cutler-Landsman	What does 22Q mean to you? Cheryl Cytrynbaum	Exploring jobs / Resume writing & Interview skills Jennifer Kim - Youth Employment Services/Employment Ontario	
	Break (9:45 - 10:15)		Break (9:45 - 10:15)	Break (9:45 - 10:15)	
10:15-11:15	Opportunity to dialogue and share Cheryl Cytrynbaum	Break (10:45 - 11:15)	Sharing your diagnosis with others Lisa Palmer	Drama Workshop! Building & Practicing Communication Skills Carrie Hage	
11:15-12:00		Transitioning to Independence Ashley Edwards	Drama Workshop! Building & Practicing Communication Skills Carrie Hage	Strategies for Managing Stress Megan Henze	
12-1:15	Lunch				
1:15-3:00	Keynote: Strategies & Approaches for Elementary School + Interactive Q&A Donna Cutler-Landsman	Opportunity to dialogue and share Cheryl Cytrynbaum	Build Your Advocacy Toolkit Lisa Palmer (1:15 - 2:05)	Financial Literacy - Strategies for Managing money Susan Chong, CPA Financial Literacy Volunteer (1:15 - 2:05)	
			Strategies for Managing Stress Megan Henze (2:10 -3:00)	Build Your Advocacy Toolkit Lisa Palmer (2:10 -3:00)	
3:00-3:20	Break				
3:20-4:40	Executive Functioning Workshop Hayley Stinson - Integra		Visual Arts Workshop - Mixed Media Collage Room 7246		
4:40-4:50	Closing Remarks				

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About our presenters:

Keynote: Donna Cutler-Landsman

Donna Cutler-Landsman is an educational consultant, speaker, author and advocate who plans special education programs on behalf of children with 22q11.2 deletion syndrome and others with complicated learning needs. She is a retired educator who has spent 38 years in the classroom, teaching children in grades K through 8, and as an advisor to the gifted program in the Middleton Cross Plains Area School District in Wisconsin. In addition Donna has served as a cooperating teacher with the School of Education, University of Wisconsin-Madison for 15 years and has won an Excellence in Teaching Award in Economics Education. Since 1994, she has been actively involved with issues related to the 22q11.2 deletion syndrome and education throughout the United States and abroad. Donna is past president and U.S. Regional Director of the Velo Cardio Facial Education Foundation, serves on the board of the 22q International Foundation, and consults for the 22q Family Foundation and for the VCFS Virtual Center. In 2008, she wrote the first book dealing with learning issues associated with the syndrome. The book, *Educating Children with Velo Cardio Facial Syndrome*, is now in its second edition. Donna has presented to groups throughout the U.S. and abroad on 22q11.2 issues and has also produced teacher-training webcasts and a book for children with special needs entitled, *So, What's the Difference*. Donna's website is www.cutlerlandsman.com.

Susan Chong

Susan Chong is a Chartered Professional Accountant (CPA) and Chartered Financial Analyst (CFA). She completed her Bachelor of Commerce degree from the University of Toronto and is currently completing her Master of Science degree in accounting and finance part-time. With over twenty years of experience in finance, Susan has been in various leadership and management roles, and has extensive experience in financial and management reporting. Susan currently works as a Controller at Wealthsimple and previously served in a financial/governance role at Canada Pension Plan Investment Board. Susan believes that everyone deserves the best in lives regardless of their background and has been active in various volunteer roles from serving as a Treasurer/Board member at Society of Sharing: Inner City Volunteer, to engaging in the financial literacy program to educate Canadians with the basic financial skills to live a fully engaged life.

Cheryl Cytrynbaum

Cheryl Cytrynbaum is a genetic counsellor in the Division of Clinical and Metabolic Genetics at The Hospital for Sick Children and has been in practice since 1990. She received a BSc in Human Genetics from McGill University and an MSc in Medical Genetics from the University of Madison, Wisconsin. Cheryl has a special interest in 22q11 Deletion Syndrome and has been involved in the care of individuals with 22q11DS for over 20 years.

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Ashley Edwards

Ashley Edwards, MSW, RSW, is a passionate and authentic Social Worker who currently practices at the Hospital for Sick Children. Ashley completed her Social Work education at the University of Waterloo (BA & BSW) and the University of Toronto (MSW); she has continuing education certificates in Grief and Bereavement, American Sign Language, Emotion Focused Therapy and Gottman Couples Therapy (Level 1). Ashley enjoys working with children who have a range of strengths and needs, and their families, providing counselling/psychotherapy, group facilitation, advocacy, crisis response and service coordination. Ashley utilizes an eclectic, strength based person-in-environment approach to help assess needs and develop a personalized intervention plan. Ashley is committed to helping individuals reach their maximum potential and develop meaning. She is passionate about family mental health (child, sibling, parent/caregiver), accessibility, inclusion/equity, the social determinants of health and the sibling relationship, particularly in families with children with chronic health conditions.

Carrie Hage

Carrie is an actor, artist-educator and facilitator with a specialization in working with youth at risk of social exclusion. After completing her Masters in Applied Theatre at Goldsmith's University, London, UK in 2013, she worked for two years as a youth program coordinator and sensory storyteller for Mencap, UK's leading charity for people with intellectual disabilities. In Toronto, Carrie has collaborated on arts-education projects with Young People's Theatre, Story Planet, PAONE, L'Arche Toronto, Miles Nadal JCC, and the Toronto District School Board. Most recently, with the generous support of the Ontario Arts Council, and of Unity for Autism, Carrie has created and delivered *The Storytelling Project* in partnership with the South Asian Autism Awareness Centre in Scarborough, Ontario.

Lisa Palmer

Lisa Palmer is a Social Worker in the Dalglish Family Hearts and Minds Clinic. She is also an Ontario Certified Teacher. She has three years of experience working with adults with 22q11.2DS at the Centre for Addiction and Mental Health and the Dalglish Family Hearts and Minds Clinic. Working with the clinic team, she continues to pursue research, educates patients, families and allied health professionals about 22q11.2 DS, assists patients and their families examine psychosocial challenges and concerns and helps find the best available resources. She also facilitates groups and provides counselling and support as requested.

Elisabeth Saunders

Dr. Elisabeth Saunders is a consulting psychologist for psychological and psycho-educational assessments in connection with the Genetics Clinic, Hospital for Sick Children since July 2007. Dr. Saunders has operated a private practice since 1989 and focuses on psycho-educational and psychological assessments. She received a B.A. and M.A. in Psychology from Hebrew University, Jerusalem and an Ed.D. from the Harvard Graduate School of Education.

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Andrea Shugar

Andrea Shugar is a genetic counsellor in the Division of Clinical and Metabolic Genetics at The Hospital for Sick Children and has been in practice since 1992. She received her undergraduate degree from the University of Toronto and her master of science in genetic counselling and biological sciences from the University of Cincinnati. In her current position at The Hospital for Sick Children, Andrea teaches and supervises graduate-level genetic counselling students, provides genetic counselling to pediatric patients and their families, and is involved in the clinic for 22q-11 deletion syndrome. Andrea has a special interest in research ethics and issues surrounding predictive testing for adult-onset disorders, and the multidisciplinary care model.

Hayley Stinson

Hayley Stinson is a registered social worker who works as a Child and Family Clinician and a Community Education and Engagement Facilitator with the Integra Program at the Child Development Institute (CDI). The Integra Program at the CDI specializes in providing mental health services to children and youth with LDs and co-occurring mental health issues (LDMH). Hayley received her Master's Degree in Social Work from the University of Toronto. Hayley currently provides education and training to caregivers, educators, students, professionals and community members to support children and youth with LDMH. Hayley also provides individual, family and group therapy.

Megan Henze

Megan Henze is an occupational therapist with experience working with adolescents and young adults with disabilities as they transition into adulthood. Megan currently works at Surrey Place Centre in their Developmental Disabilities Primary Care Program and is working on a collaboration with St. Michael's Hospital to establish a transition clinic with a focus on transition-aged youth with intellectual and developmental disabilities. She previously worked in the Good 2 Go Transition Program at the hospital for Sick Children. Her work in Good 2 Go focused on assisting patients and families with development of self-management skills and transition planning for healthcare, funding, services, employment and housing. Megan has a special interest in factors that assist adults with disabilities to live in community-based settings with rather than institutional settings.